

Brady Bulldog/Lady Bulldog Athletic Policy



2022-2023

Athletics

The Brady Independent School District believes that the district's athletic program should be an integral part of the total education process.

The mission of the BISD Office of Athletics is to ensure and enhance the quality of life for the youth by providing competitive activities. The pitting of one's skill, knowledge, and talent against friendly opponents is a means of learning one's own strengths and weaknesses.

Athletic offerings within the district are competitive and diversified, allowing students the opportunity to realize their full potential relative to growth and development. All programs are designed to not only teach athletic skills, but to instill good character and sound values. Properly supervised sports programs help the participant to develop physically, morally, and mentally as they build self-confidence and improve skills. It is through these activities that they may develop good sportsmanship, ethical behavior and a sense of integrity.

The success of the athletic program sets the tone for the entire school year as it builds a positive self-image for the individual athlete, the team, the school, the community, and for Brady ISD as a whole.

It is our goal that sports activities produce young men and women who are armed with the skills necessary to enter the community as constructive, contributing members of society.

Shay Easterwood - Athletic Director

Candice Dockery - Girl's Coordinator

Explanation of Athletics

Both parenting and coaching are challenging vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to the children. As parents, when your children become involved in our program, you have a right to understand what expectations are placed upon your child. This begins with clear communication from the coach of your child's program.

The Role of Parents

The role of the parent in the education of a student is important. The support shown in the home is often manifested in the ability of the student to accept opportunities presented in the classroom and through extracurricular activities.

There is a special value system that is established in the home and nurtured in the school environment. Their involvement in classroom and other activities contributes to that development. Integrity, fairness and respect are lifetime values taught through athletics. Through the principles of good sportsmanship, the spirit of competition thrives as it is fueled by honest rivalry, courteous relations and graceful acceptance of the results.

As a parent of a student at our school, your sportsmanship goals should include:

- Acknowledgement that athletics are part of the educational experience and its benefits of involvement go beyond the final score of a game.
- Encourage our students to perform their best, just as we would support their growth in the classroom, measuring growth based upon personal achievement and not the performance of others.
- Participating in positive cheers that encourage our students while discouraging any cheer that would taunt or intimidate opponents, their fans or officials.
- Learning, understanding and respecting the rules of the game, the officials who administer them and their decisions.
- Respecting the task that our coaches face as teachers, supporting them as they strive to educate our youth.
- Respecting our opponents as fellow students and acknowledging their efforts.
- Be a Fan not a Fanatic

Parent – Coach Relationship

As parents, when your children become involved in our athletic program, you have a right to understand what expectations are placed on your child. This begins with a clear communication from the coach of your child's program and we encourage the relationships that are built in the Bulldog athletic family.

Expectations for Our Coaches

1. A sound coaching philosophy
2. Coach's expectations of the student-athlete and the team
3. Team and administration requirements, i.e. Athletic eligibility, etc.
4. Coach's off-season conditioning program.
5. Procedure for handling injuries.
6. A list of team rules and consequences.
7. Teaching principles of sportsmanship, ethics, good behavior and drug prevention.

Expectations of You as a Parent

1. Express concerns directly to the coach.
2. Notification of schedule conflicts well in advance.
3. Encourage your child to discuss concerns with the coach first and promptly.
4. Be a positive role model to our children during contests and/or practices.
5. Support the coach's sportsmanship and drug prevention efforts.

As your children become involved in athletics, they will experience some of the most rewarding moments of their lives. It is important to understand that there may also be times when things do not go the way you or your child wishes. At these times discussion with the coach is encouraged.

Appropriate Concerns to Discuss with Coaches

- The treatment of your child mentally and physically
- Ways to help your child improve
- Concerns about your child's behavior
- College options and recruiting

Issues Not Appropriate to Discuss with Coaches

- Playing time
- Team strategy
- Play calling (Offense or Defense)
- Other student-athletes

If you have concerns to discuss, please follow the following procedure:

It is often very difficult to accept that your child is not playing as much as you may hope. Coaches are professionals. They spend many hours preparing in and out of season for the success of our student-athletes. They make judgments based upon what they believe to be the best for all athletes involved. If you or your child is unhappy with some aspect of the team, please follow this procedure.

1. Student-athlete approaches the coach with any appropriate concern
2. If unsatisfied with the coach's response, parents should call the coach and set up an appointment to discuss any appropriate concern. Student-athlete, parent and coach will be in attendance.
3. Please do NOT approach a coach right after a practice or game (even when we win) and expect to have a meaningful, productive discussion. If you think the kids are "into" the game, multiply that intensity by 20 and you will have an idea of the coach's mindset. Please wait until the following day and call for a meeting with the coach when emotions are calmer.

What can a parent do if the meeting with the coach does not provide a satisfactory solution?

Call the Athletic Director/Girl's Coordinator and make an appointment to discuss the situation. At this meeting, the appropriate next step can be determined.

Research indicates a student involved in extracurricular activities has a greater chance for success during adulthood. Many of the character traits required to be a successful participant are exactly those that will promote a successful life after high school. We hope the information provided within this pamphlet makes both your child's and your experience with athletics more enjoyable.

CHAIN OF COMMAND

If a player or parent has a problem or conflict with a coach, please follow the proper chain of command.

1. Speak to the coach with whom you have the conflict or problem.
2. Visit with the head coach of that sport. Be respectful, honest, and direct, and you will receive the same treatment in return. If you are not satisfied or the problem is not resolved, progress to step three.
3. Talk with the athletic director or girl's coordinator. Again, be honest and respectful and you will be treated that way in return. If you still feel that the problem is not resolved to your satisfaction, then you should take the problem to the superintendent.

This may seem like the long way to go, but almost any problem can be solved in this manner. By following the proper channels, further conflicts and problems can be avoided.

Bulldog Athletics

Mission Statement

The athletic program of Brady ISD will provide a positive environment in which our athletes can learn life lessons through the spirit of athletic competition. Brady Bulldog athletes will be taught effective, fundamental techniques and will understand the importance of team play. Academic excellence and citizenship will be promoted to reflect the values of our community.

According to University Interscholastic League rules, participation in athletics is a privilege and not a right. Only those students who abide by school and athletic policies will be allowed to represent Brady ISD.

When young men and women sign up for athletics and become a member of a team, they make a commitment as a member of that team and are obligated to follow the rules and regulations of the program.

Success is defined as participating at 100 percent of the individual's ability. We can never expect athletes to do more than they are capable; however, we do want them to perform to their full potential. Supportive parents can instill this desire in their student athletes long after their playing days are over by seeing that the student is on time, attends practices and games, and follows the rules and regulations of the program.

Requirements to Participate

The following items must be turned in to the athletic department before participating in any practice or game in any extracurricular activity:

A. Physical Examination

A physical examination is required every other year for all school athletes (grades 9 and 11). The physical covers all sports for a two-year period (high school only). Junior high athletes will be required to have a physical in the seventh grade and are not required to have a physical as eighth graders. The physical form is available from the athletic trainer. Use only the approved UIL form to record physical examinations. Club or organization forms will not be accepted.

B. Athletic Department Forms Packet

This packet includes (1) UIL Acknowledgement of Rules, (2) personal student and parent information. The packet should be filled out completely. Do not leave any requested information blank.

C. Acknowledgement of BISD Athletic Handbook and Policies

The student-athlete and the parent/guardian should sign the handbook acknowledgement page. It should then be returned to the athletic department. This shows receipt of the athletic handbook and acknowledges that the student-athlete and parent/guardian will comply with the rules and policies in the athletic handbook.

D. Academic Eligibility

A student in grades 9-12 may participate in extracurricular activities on or off campus at the beginning of the school year only if the student has earned the cumulative number of credits in state-approved courses:

- a. Beginning the ninth-grade year – must have been promoted from the eighth to the ninth grade.
- b. Beginning the tenth-grade year – must have at least five credits towards graduation
- c. Beginning the eleventh-grade year – must have at least 10 credits towards graduation or during the preceding 12 months, he/she must have earned five credits.
- d. Beginning the twelfth-grade year – must have 15 credits toward graduation or during the preceding 12 months, he/she must have earned five credits.

E. Fitness Test (Girls Athletics)

It is important that all Lady Bulldog athletes maintain a certain level of fitness. As motivation, female athletes are required to maintain a certain level of fitness throughout the year. All Lady Bulldog athletes are expected to complete a fitness test before receiving their issued workout clothes and before they are allowed to participate in practices and/or competitions. The fitness test will consist of running a timed mile in 9:00 minutes or less. If an athlete does not make the time, some improvement must be shown for a five-day period. After day five, if improvement has been shown, they will be able to participate in practices/competitions; however, the athlete will be placed on a growth plan to encourage an improved fitness level.

A student participating in UIL activities will be suspended from participation in games after a grading period in which the student receives a grade lower than a 70 on a scale of 100 in any academic class (other than an identified honors or advanced class). This suspension continues for three weeks. The grades will be reviewed at the end of each three-week period and the suspension will be removed if the student is passing all classes with a grade equal to or greater than 70.

Administration of the Program

The administration of the athletic program should provide every boy and girl the opportunity to participate in any sport. Each head coach is responsible for ensuring that all students are knowledgeable of tryout procedures and individual requirements for participation in all sports. No junior high or high school student shall be deprived of the opportunity to try out or participate in any sport in which he/she has met the head coach's off-season and previous participation requirements. (Note: In football, volleyball, basketball, softball, or baseball, an athlete who has quit or dropped out of the program may not be allowed to come back out their senior year. A senior who transfers from another school will be allowed to enter the program.)

The general administration of the athletic program is the direct responsibility of the athletic director/girl's coordinator. This includes the arrangement of all schedules, time and place of games, selection of officials, and the general management of all matters pertaining to the athletic program. In carrying out this program, each head coach in the department shall attend to the details of their respective sports.

The athletic department may require athletes to pass conditioning requirements before participation in the athletic program. Students entering in the ninth grade are required to have successfully completed the middle school in good athletic/PE standing.

Athletic Department Policies

1. Coaches' Rules

Coaches may establish additional rules and regulations with the approval of the athletic director/girl's coordinator for their respective sports. The rules pertaining to the sport must be explained in writing by the coach at the start of the season. The coach shall administer penalties for violations of team rules. Copies of all team rules are on file in the athletic office.

2. Program Discipline

The privilege of representing Brady ISD carries with it a greater responsibility to conduct oneself with respect and dignity, and to serve as a role model for all students, at all times. Coaches should receive "yes, sir" – "yes, ma'am" – "no, sir" and "no, ma'am" responses from players. Players in return will be treated with respect by their coaches. We believe this is a life skill which will benefit all athletes. We want to reinforce positive behavior and address negative behavior if it does occur. Any activity that brings disgrace or dishonor to the Bulldog or Lady Bulldog athletic program will not be tolerated and will be evaluated on a case by case basis. Such activity may result in dismissal from the program. Punishment will be determined by the head coach or athletic director/girl's coordinator. Activities that will not be tolerated will include but are not limited to are conduct detrimental to the program, quitting, stealing, fighting, and being disrespectful to school personnel. Also, any misdemeanors, citations, or felonies will be acted on under the discretion of the Athletic Director/Girl's Coordinator.

3. DAEP

1st Offense -Any athlete returning from DAEP will be required to complete eight (8) miles and serve a 1-week suspension before returning to play.

2nd Offense – Any athlete that receives a 2nd DAEP placement will be suspended from the athletic program for the remainder of that school year

4. ISS/D-HALL

In-School Suspension – ISS- student is placed there for discipline purposes.

ISS will be treated as an unexcused absence and the same punishments will apply. Any athlete who is placed in ISS will also not be allowed to compete in games/scrimmages until dismissed from ISS. (Student athletes cannot participate in games/scrimmages on the day an ISS/DEAP assignment is served.) The athletes in ISS will be allowed to participate in after school practices.

5. Lunch/Afterschool Detention

- 2 sets- halo lunges for first offense
- 2 additional sets will be added for each additional offense (2nd offense = 4sets, 3rd offense = 6 sets, etc.)

6. Academics

All students are required to remain academically eligible to participate. Remember: No Pass-No Play repeated academic suspensions may result in dismissal from the team. Tutorials will be mandatory for student-athletes with an average below a 72 or have missing or make-up work. Athletes who remain ineligible for 2 six weeks or more may be removed from the athletics and/or the current sport at the discretion of the coaching staff

7. Attendance

Being at school and practices is part of making a commitment. We will expect all athletes to be in class *on time* and to be at practice and the athletic period unless we are otherwise notified.

All coaches plan extensively before practices begin and when an athlete is an unannounced 'no show' many changes must be made. Extenuating circumstances for an absence will always be taken into consideration.

There will be two types of absences within the Brady athletic department:

- a. Excused – an athlete's absence will be deemed excused when they have contacted a coach *before* the beginning of workout. This can be done with a simple message left on the athletic department answering machine. Sickness, death in the family, etc. are valid reasons for an excused absence. Prior notice of a family shopping trip, etc. is not.

School related absences are automatically considered excused absences.

Please contact the coach.

*Missed conditioning will be made up at the next workout. If an athletic period is missed, the workout missed must be made up before an athlete can compete in any competition. If a game/contest is missed, future playing time may be affected.

- b. Unexcused – an unexcused absence will occur when an athlete misses a practice, game or athletic period without having communicated with his/her coach.
Conditioning for unexcused absences – Make up of previous days conditioning, plus extra.
If an athletic period is missed, the workout missed must be made up before an athlete can compete in any competition. It will be up to the head coach of each sport to determine the specific punishment for unexcused absences. At the discretion of the A.D./Girl's Coordinator and head coach there may be a minimum one game/contest suspension for this violation.

c. **Tardiness**

- It will be up to the head coach of each to determine consequence for tardiness.

d. **Injury or Illness**

If a student is injured, they need to see the Athletic Trainer first, and the trainer will refer them to a doctor as deemed necessary. If you leave school with an illness, contact your head coach to let them know. If you are ill or injured, we don't expect you to work out, but do expect you to suit out and accompany your team unless given special permission by your head coach.

e. **Promptness**

Always be on time. On trips, the bus will not wait. After the final bell rings, you do not have time to waste, go directly to your sport. Tardiness will result in disciplinary action.

8. Dress/Appearance

All uniforms will be worn in the same manner. No one will be different – ex.: socks, wrist bands, etc.

Equipment will be furnished and laundered for all athletes. At no time should an athlete take school issued gear home unless specifically given permission by the coach (game gear, etc.)

The school dress code will be adhered to for all banquets, school events, etc.

All athletes represent not only themselves, but Brady ISD both on the field of competition and off.

Boys:

1. To attain a team appearance, hair should be neatly trimmed and not longer than the top of the shirt collar, shall not touch the eyebrows, and the top of the ear must be seen. (*All when hair is down. No “man buns or ponytails”*)
2. No beards or mustaches of any kind will be allowed.
3. Sideburns must be neatly trimmed and not longer than the bottom of the ear lobe.
4. Hair color must be of a natural color.
5. Earrings/body piercing will not be worn in any athletic facility or athletic event. Tattoos must always be covered during athletic events. This includes as a spectator of any BISD athletic event.

Girls:

1. Workout clothes and uniforms will be provided and will be mandatory for all practices and competitions.
2. Student-athletes will dress appropriately on competition days and wear clothing that will distinguish them as Lady Bulldogs.
3. Athletes hair should be out of your face, and if possible, pulled back, with bangs out of eyes so as not to hinder performance.
4. Body piercings, except for earrings, will not be worn in any athletic facility or event. Tattoos must always be covered during athletic events. This includes as a spectator of any Brady ISD athletic event.

9. Quitting

Commitment is one of the biggest values athletics teaches and quitting is not a habit we want to enforce in the athletic department. Any athlete who starts, then quits a sport, after the third contest/scrimmage of any kind, except for extenuating circumstances beyond the athlete's control, must earn the right to play another sport by:

- 1.) Running 25 miles within a reasonable amount of time
- 2.) Athlete will not start the next sport/season until the sport/season that was quit is complete. This includes play-off runs.
- 3.) If an athlete is participating in another sport simultaneously, the 25 miles must be completed along with a 2 scrimmages/game/meet suspension.

* There will be a coach/athlete meeting the day after to discuss details.

10. Conflicts in Activities

Conflicts will arise in which an athlete will be participating in some other extracurricular activity. These conflicts are handled using the following rule. A district contest will always take precedence over a non-district contest and a district contest will always take precedence over a field trip. Using this rule, all participants will be given an opportunity to compete in the major contests or events of any extracurricular activity. The Athletic Department will do everything possible to avoid conflicts of this type. An athlete in multiple sports during the same season will be directed by the head coaches and athletic director when competitions overlap.

11. Locker Room

Keep it clean by throwing away all trash and do not wear muddy shoes in the locker room. Each locker room will have guidelines posted for teams to abide by. Each team member is expected to know these guidelines and follow them. Failure to adhere to these guidelines will result in disciplinary measures according to the sport. If music is played there will be NO vulgarity or profanity allowed. **Conduct in the locker room will be monitored...fighting, bullying, and hazing will not be tolerated. In addition, cell phones are not permitted to be used in the locker room.**

12. Travel

All athletes represent the community, school, and coaches. Therefore, it is expected that all will dress in an acceptable manner on trips and conduct themselves in a proper manner. When missing classes because of an athletic event, it is the responsibility of the athlete to see his/her teacher the day before classes are missed. All work shall be made up at the convenience of the teacher.

All athletes making a school sponsored trip shall be required to ride to and from the event in school provided transportation.

Varsity athletes will be required to return on the bus unless cleared through the Athletic Director prior to the date of the event.

Sub-Varsity and Jr High athletes may ride home with a parent/guardian from an event ONLY if they completed the RETURN TRIP REQUEST FORM and have given it to the head coach prior to leaving for the event. Athletes will not be allowed to leave from an event if prior arrangements have not been made or unless there is an emergency type situation and the parent/guardian is present.

13. Overnight Travel

When teams travel and stay overnight, we expect all coaches and athletes to be on their very best behavior. No athlete shall leave the hotel room once the "lights out time" arrives. Also, there is NEVER a time that it is acceptable for a male student to be in a female's room or for a female to be in a male's room. Failure to follow the rules can lead to the athlete being sent home and will result in disciplinary action at coaches' discretion. Breaking these rules can result in an athlete not being able to travel on overnight trips for the remainder of their athletic career.

14. Profanity- will not be tolerated and will have progressive consequences

1X 50 yards of Halos and 50 yards of Bear Crawls for profanity on the field. (This will be left to the discretion of the Coach as to the number of Halos and Bear Crawls in relation to the language used.) Position coach or coach who assigns gassers will administer the running. Each subsequent offense of profanity will cause the punishment to double. If profanity continues, the athlete could be subject to suspension from game or practice. Girl athletes will have a punishment equivalent. (this will be at the discretion of the athletic director/girl's coordinator and coaching staff) Profanity directed towards school personnel could result in immediate removal from the team and/or athletic program.

15. If an athlete is ejected from a contest, he/she will **run ten (10) miles and sit out the next contest (event).**

16. Insubordination/Disobedience -

1st Offense – Minimum of 2X Half Gassers and or Halos (This will be left at the Head Coaches discretion.)

2nd Offense- Minimum of 4X Half Gassers and or Halos & Loss of Playing Time

& Parent Meeting (This will be left at the Head Coaches discretion.)

3rd Offense- Removed from the Athletic Program for an indefinite period. (Time Frame left up to the Head Coach)

17. Drug Use and Criminal Activity:

*Drugs, Alcohol, Misdemeanors, Citations, Felonies or Arrests: Athletes are not allowed to drink alcohol or use drugs illegally. If an athlete fails a drug test or are cited for use illegally the following must be completed before the athlete can compete.

1st offense: 500 Bleachers and 24 miles of running, complete 4 hrs. alcohol/drug counseling

2nd offense: Suspension from contest for 4 weeks plus 500 bleachers and 24 miles and complete 8hrs alcohol/drug counseling

3rd offense: Suspended from athletics for the rest of the school year; 500 bleachers 24 miles and 12hrs drug/alcohol counseling

If the suspension occurs when an athlete is out of season, the suspension will not begin until he/she is in-season of a sport. This policy applies year-round and not just during the school year.

Any activity that brings disgrace or dishonor to the Bulldog Athletic Program will not be tolerated. Such activity may result in dismissal from the program. Examples include but not limited to: Fighting off campus, vandalism, inappropriate conduct of any kind etc.... Punishment will be determined by the head coach or Athletic Director/Girl's Coordinator. Also, any misdemeanors, citations, or felonies will be acted on under the discretion of the Athletic Director/Girl's Coordinator.

18. Tobacco (*Including E-cigarettes*)

Although accepted by a certain percentage of the American society, smoking of cigarettes and the use of other tobacco products are dangerous, unhealthy, unlawful for teenagers and incompatible with desirable training programs for extracurricular activities.

A participant, who is smoking or using tobacco products is willing to jeopardize his/her own and his/her teammates' chances for success during the season and has shown that he/she cares little for either. They have further shown that they are very easily misled or that their program is not important to them or both.

An athlete will be deemed 'guilty' of breaking this rule when:

- receives an MIP, etc. by the police.
- visibly seen by a school employee or coach

Tobacco Punishments:

Tobacco Use Consequences:

1st Offense of the School Year

- 6 miles in 2 days and 1-week (calendar) suspension (no practices or competition)

2nd Offense of the School Year

- 12 miles in 4 days and 2- week (calendar)suspension (no practices or competition)

3rd Offense of the School Year

- Suspension from the entire athletic program for the remainder of the school year.

19. Theft

Taking things that do not belong to you, especially taking from your teammates will not be tolerated. Punishment will be handled individually and could involve dismissal from the athletic program.

Stealing While Participating in Athletics:

- a. First Offense - An athlete caught stealing will be dismissed from the athletic program for a minimum of 1 contest up to a maximum of one calendar year.
- b. Second Offense - removal from athletic program for the remainder of the school year (minimum of 75 school days for a second semester offense) and 50 miles of disciplinary running in 10 days.
- c. Third Offense - dismissal for remainder of high school career.

Stealing While Outside the School Setting: See punishment chart under “Drug use and Criminal Activity” section.

20. School Equipment

The athlete will be financially responsible for all equipment checked out to him/her. All equipment (practice and game) must be taken care of and returned upon completion of the sport season. Any equipment not returned will result in a fine for the student.

- 21. Hazing of student athletes will not be tolerated. “Hazing” is defined as “any knowing, intentional, or reckless act, occurring on or off campus, by one person alone or acting with others, directed against a student, that endangers the mental or physical health or safety of a student for the purpose of pledging, initiation into, affiliation with, holding office in, or maintaining membership in an organization”. The minimum discipline or punishment for hazing is that the athlete will **run ten (10) miles or sit out the next contest (event)**.
- 22. Engaging in bullying, harassment, and making hit lists will not be tolerated. Bullying is defined as “a written or oral expression or physical conduct that has the effect of physically harming a student, damaging a student’s property, or placing a student in reasonable fear of harm to the student’s person or damage to a student’s property; or, is sufficiently severe, persistent, or pervasive to create an intimidating, threatening, or abusive educational environment for a student”. Harassment is defined as “conduct that threatens to cause bodily injury to another student, is sexually intimidating, causes damage to the property of another student, subjects another student to physical confinement or restraint, or maliciously and substantially harms another student’s physical or emotional health or safety. “Hit list” is defined as a list of people targeted to be harmed, using a firearm, a knife, or any object to be used with the intent to cause bodily harm. The minimum penalty for bullying or any of the above is that the athlete will **run ten (10) miles or sit the next contest (event)**.

BRADY ISD ATHLETIC DEPARTMENT

SOCIAL MEDIA GUIDELINES

Dear Brady ISD Student-Athlete:

The Brady ISD Board of Trustees has approved the following social media and networking guidelines for the BISD Athletic Department. Brady ISD and the Athletic Department recognize and support the student-athletes rights to freedom of speech, expression, and association, including the use of social networks. In this context, however, each student-athlete must remember that playing and competing for the Brady ISD is a privilege. As a student- athlete, you represent Brady ISD and the community of Brady and you are expected to portray yourself, your team, and the School District in a positive manner always.

- Everything you post is public information – any text or photo placed online is completely out of your control the moment it is placed online – even if you limit access to your site. Information (including pictures, videos, and comments) may be accessible even after you remove it. Once you post a photo or comment on a social networking site, that photo or comment becomes the property of the site and may be searchable even after you remove it.
- What you post may affect your future. Many employers and college admissions officers review social networking sites as part of their overall evaluation of an applicant. Carefully consider how you want people to perceive you before you give them a chance to misinterpret your information (including pictures, videos, comments, and posters).
- Similar to comments made in person, the Brady ISD Athletics will not tolerate disrespectful comments and behavior online, such as: Derogatory language or remarks that may harm teammates or coaches; other Brady student athletes, teachers, or coaches; and student-athletes, coaches, or representatives of other schools, including comments that may disrespect any opponents.
- Incriminating photos or statements depicting violence; hazing; sexual harassment; full or partial nudity; inappropriate gestures; vandalism, stalking; underage drinking, selling, possessing, or using controlled substances; or any other inappropriate behaviors.
- Creating a danger to the safety of another person or making a credible threat of serious physical or emotional injury to another person.
- Indicating knowledge of an unreported school or team violation—regardless if the violation was unintentional or intentional. In short, do not have a false sense of security about your rights to freedom of speech. Understand that freedom of speech is not unlimited. The on-line social network sites are NOT a place where you can say and do whatever you want without repercussions. The information you post on a social networking site is considered public information. Protect yourself by maintaining a self-image of which you can be proud for years to come.

Student-athletes must remember that they are representatives of the Brady Bulldog Athletic Program and are in the public eye more so than other students. If any inappropriate pictures, text, tweet, etc. given to members of the coaching staff or school administrators the athlete will have the following consequences. Please note, these are considered the minimum and head coaches of a sport have the right to add additional rules and consequences to their player contracts.

- **1st Offense-** Run 20 miles with mileage being complete before participating in scrimmages/games/meets.
- **2nd Offense-** Run 30 miles with mileage being complete before participating in scrimmages/games/meets, **PLUS** a 2 game/meet suspension.
- **3rd Offense-** immediate suspension for the remainder of the season.

We ask parents/guardians to refrain from posting disparaging comments about students and employees as well. Any disagreements will be handled by following the Brady ISD School Board policy.

"I have read, understand and agree to follow the Brady ISD Athletic Social Media policy. I also understand that as a student athlete, it is my responsibility to not use any form of social media (text messages, Facebook, Twitter, Skype, etc.) to be critical of teammates, coaches, game officials, school administrators, opponents, opposing schools, or any other personnel involved in the athletic program.

Furthermore, I understand that a violation of this policy could be cause for suspension or removal from the Brady ISD athletic department."

Each student athlete and their parent or legal guardian must read and sign the agreement at the end of this document that includes this and all other athletic policies before competing for Brady ISD:

In the event of any infractions of the athletic policies, student athletes may be subject to one or more of the following consequences. Every effort will be made to treat each athlete in a fair, consistent manner after all circumstances are considered.

Conference with or without parents

Removal from athletics

Removal from team

Physical exercise

Removal from practice

Suspension from game full or partial

Brady Bulldog/Lady Bulldog Oath for 2022-2023

I have read the Brady Bulldog Athletic Policy and understand the policies of the athletic program. I agree to follow the rules and guideline expressed in this Athletic Policy.

I am ready to make the sacrifices and provide the effort necessary to make myself and the Brady Bulldogs/ Lady Bulldogs the best we can be! I will strive to follow the following guideline that exemplify the behavior of Brady ISD and the Brady Bulldogs/Lady Bulldogs.

1. I will follow all Brady ISD and UIL Rules and Policies
2. I will be a leader and handle all my academic responsibilities.
3. I will have respect for myself, my school, and those in authority.
4. I will follow the Brady Bulldog Social Media Policy.
5. I will not lie or steal.
6. I will not use alcohol, illegal drugs, tobacco, or any other harmful substances.
7. I will give my best effort at all times in the area of academics as well as the field of competition.
8. I will not use profanity.
9. I realize the importance of practice and I will personally strive to participate in 100% of workout. I am also aware that missed workout result in make-ups the day I return.
10. I will put the interest of my team above the interest for myself.
11. I will treat school equipment and facilities as my own and will keep them well maintained.
12. I realize the terms and consequences of quitting.

The following signatures indicate that student and parent/guardian have read the Brady Bulldog Athletic Policy and are familiar with its content.

Parent/Guardian_____

Date_____

StudentAthlete_____

Date_____

Acknowledgement of Receipt Athletic Policy

Brady ISD

I have read and understand completely the information provided in the Athletic Policy of Brady ISD. I agree to adhere to the rules and expectations of the 2022-2023 Brady Athletics Program. I also understand that the Head Coach of each sport may have additional requirements and expectations that will be provided. Failure to read and understand this document does not excuse me from violation of district, school, team, or athletic department policy.

_____ I choose to access the Brady Athletic Policy online on the school's athletic webpage and understand completely the information provided in the Brady Athletic Policy. I agree to adhere to the rules and expectations of the 2022-2023 Brady Athletic Policy. Failure to read and understand this document does not excuse me from violation of district, school, or athletic department policy.

_____ I would like to receive a printed copy of the athletic policy for the 2022-2023 school year.

Print Student Name: _____

Student Signature: _____

Parent Signature: _____

Date: _____